

Honey & Co.

Food From the Middle East

Pre-order breakfast items for takeaway

We are happy to cater at any time of day, and breakfast is a special treat – whether it's a family breakfast, a work meeting, or takeaway boxes for a picnic or a conference.

All our food is made on site with a lot of care and attention and we are happy to assist you with any allergy and dietary requirements you may have.

Please give at least 48 hours notice when placing an order. Small orders may be accommodated in a shorter time.

You can also call us for our daily changing menu on 0207 388 6175

Sweet baked goods

Fitzrovia buns – sticky pistachio & sour cherry buns – minimum order 6 units	£2.60 each
Cheesy buns filled with ricotta and orange blossom – minimum order 6 units	£2.60 each
Tahini and orange pretzels – minimum order 6 units	£2.60 each
Loaf cake – chocolate and hazelnut babka – approx. 12 slices	£35 whole
Loaf cake – tahini and white chocolate babka – approx. 12 slices	£35 whole
Loaf cake – fig, orange & walnut loaf – approx. 12 slices	£35 whole
9" round cake – carrot and walnut cake – approx. 12 slices	£35 whole
9" round cake – courgette and golden raisin cake – approx. 12 slices	£35 whole

Savoury pastries & bread

Merguese sausage rolls	£6.5 each
Spinach & feta boureka	£6.5 each
Mushroom & thyme boureka	£6.5 each
Phylas – cheese & zaatar in filo pastry	£6.5 each
Spring onion and feta bouikos (cheesy scones) – minimum order 6 units	£1 each
Pitta bread – minimum order 6 units	£1 each
Milk buns – individual size 100g – minimum order 6 units	£2.2 each
Large milk bun loaf – 500g	£8.5 whole
Sesame loaf – 600g	£8.5 whole
Sour dough – round loaf	£12 whole
Sour dough – long loaf	£4.5 whole
Sour dough – individual bun – minimum order 6 units	£1.8 each
Crispy pitta – 100g bag	£3.95
Lavoush – 100g bag	£3.95

Salads and other breakfast items

9" round herb, leek and feta frittata – serves 8	£30 whole
9" round potato and caper frittata – serves 8	£30 whole
Sabich – roasted aubergine, tahini and dinosaur eggs	£7.50 per starter portion
Fatoush – tomato, feta & pomegranate salad	£7.50 per starter portion
Courgette, apricot & pistachio salad	£7.50 per starter portion
Roasted pear, almond tahini & roasted almonds	£7.50 per starter portion

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8oz breakfast pots or order per portion for a buffet

Strawberry, rose & pistachio yoghurt pots (gf)	£3.5 each
Fresh fruit salad (vegan)	£3.5 each
Seasonal jam or honey with yoghurt & ashura cereal*	£3.5 each
Overnight oats soaked in coconut milk with blueberries (vegan)	£3.5 each
Honey & Co cheesecake – cold feta and honey cheesecake on kadaif with honey	£5.5 each

*gluten free option available

Dip pots – small 150g snack pots or 400g pots with crispy pita that allow a bite for 10 people

Hummus – our own creamy version with cumin & olive oil	£3.95/150g or £15/400g with crispy pita
Labaneh (strained yogurt cheese) with zaatar & olive oil	£3.95/150g or £15/400g with crispy pita
Feta & pepper dip - roasted peppers with chilli, feta & manouri	£3.95/150g or £15/400g with crispy pita
Muhamra - roasted pepper, pomegranate & walnut dip	£3.95/150g or £15/400g with crispy pita
Baba ganoush – burnt aubergine, pomegranate seeds, tahini & lemon	£3.95/150g or £15/400g with crispy pita
Egg and dill salad	£3.95/150g or £15/400g with crispy pita
Kalamata & Gurdal olives	£10/300g
Our seasonal pickles	£10/300g

Drinks – 2 litre bottles – 8 glasses

Freshly squeezed orange juice	£25
Homemade lemonade	£15
Homemade orange blossom iced tea	£15
Iced coffee (with or without milk)	£15

Cookies

A bag of white chocolate, currant & orange cookies pack of 5	£5.5
A bag of chocolate fudge pistachio cookies pack of 5	£5.5
A bag of almond & marzipan cookies – GF pack of 5	£5.5
A bag of oat and currant biscuits 250g	£5.5
Traditional Maamool cookies with date and pinenut filling 250g	£5.5

Homemade jam

Seasonal flavours – ask us for current availability	£5.5/jar
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Or... call us if there is something special you'd like!