

# Honey & Spice

Food Store

For a taste of Honey & Spice at home.

All of the food served in our deli Honey & Spice can be prepared for you to serve at home or as a picnic. You can either pick up the food or we can send it by taxi and everything will come clearly labelled, with simple instructions for serving.

If you are looking to take your whole meal from us we advise choosing a main and three side salads to allow a lovely selection of food.

If you are preparing some food yourself and just want to supplement this with a few of our dishes, you can order as little or as much of the salads as you need.

**We ask for 48 hours' notice to place an order or you can contact us on the day and we will tell you what we have available. Call us on 0207 388 6175 to discuss your needs.**

## **Honey & Spice meal** **per person**

Choose **three side salads** and **one main** from the lists below and we will pack it ready to eat as a picnic or with instructions for serving at home £15.00

Alternatively, order by portions from the list below

## **Salads** **per side portion**

Roasted cauliflower with tahini (vegan)	£4.50
Roasted sweet potato with almond tahini, smoked almonds & date molasses (vegan)	£4.50
Beetroot salad with yogurt and seeds (v)	£4.50
Crunchy veg salad with celery, cauliflower, squash & radish (vegan)	£4.50
Chickpea salad with parsley, roasted tomatoes & peppers (vegan)	£4.50
Chopped salad (vegan)	£4.50
Greek salad (v)	£4.50
Slaw – cabbage, radish, parsley & pomegranate (vegan)	£4.50
Cracked wheat salad with currants, pomegranate, parsley & mint (vegan)	£4.50
Jeweled rice salad (vegan)	£4.50
Pear, endive & walnut salad (vegetarian)	£4.50

## **Mains** **per portion**

**To be heated up at home or served at room temperature**

Slowcooked chicken tagine with spices	£6.50
Siniya aubergine – roasted aubergine topped with spiced lamb	£6.50
Filo pie with spinach, feta & egg (v)	£6.50
Herb, caramelized onion & feta frittata (v)	£6.50
Butternut squash kofta (vegan)	£6.50

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## Extras

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### Dip pots per portion

**Small 150g snack pots or 400g pots with crispy pitta that allow a bite for 10 people**

Hummus – our own creamy version with cumin & olive oil	150g	£3.95
	Or 400g with crispy pitta	£15
Labaneh (strained yogurt cheese) with zaatar & olive oil	150g	£3.95
	Or 400g with crispy pitta	£15
Feta & pepper dip - roasted peppers with chilli, feta & manouri	150g	£3.95
	Or 400g with crispy pitta	£15
Muhamra – roasted pepper, pomegranate & walnut dip	150g	£3.95
	Or 400g with crispy pitta	£15
Baba ganoush – burnt aubergine, pomegranate, tahini & lemon	150g	£3.95
	Or 400g with crispy pitta	£15
Kalamata & Gurdal olives	300g	£10
Our seasonal pickles	300g	£10

### Soup per portion

Seasonal flavour – changes daily	400g portion	£6.00
	400g pot with bread	£7.00

### Bread each

Pitta bread – minimum order 6 units		£1.00
Sesame bread stick – minimum order 6 units	Individual stick	£2.00
Sesame bread	600g loaf	£8.50
Small milk buns – minimum order 6 units	Individual 100g bun	£2.20
Large milk bun loaf	500g loaf	£8.50
Sour dough – round loaf	round loaf	£12
Sour dough – long loaf	long loaf	£4.5
Sour dough – individual bun – minimum order 6 units	Individual bun	£1.8
Crispy pitta	100g bag	£3.95
Lavoush	100g bag	£3.95

### Something sweet?

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See our cake list for cookies, cakes & bakes