

Honey & Co.

Food From the Middle East

Autumn Menu

Our Autumn Set – for the whole table to share

Our mezze – Red falafel with tahini/creamy hummus
labaneh with butternut squash/cheesy bouikos/cucumber tabule
fig and goat cheese salad with roasted pistachios/our pickles & Kalamata
olives/home-made bread & olive oil

Followed by.....**Main of your choice**

28.5 per person/w. dessert 32.5

Starters 7.5

Red falafel with red pepper & parsley, cucumber tabule

Taramasalata with new season radishes, spring onion and oregano crackers

Turkish fig & goat cheese salad with roasted pistachios & raw
Essex honey

Labaneh with butternut squash, currants & red pepper

Mains 15.5

Pomegranate chicken with cracked wheat, dried currant & herb salad

Yemeni meatballs with lentils on burnt pita with green tahini
& tomato salad

Roasted mauve aubergines with a BBQ tahini crust, jeweled rice salad & lime

Slow-cooked lamb shoulder with plums & roses, brown wheat pilaf with
barberries

Essaouira fish tagine with chermoula, chickpeas, swiss chard

Carrot & red lentil kofta with roasted carrots, walnuts, pomegranate

Extra pitta 1/green leaves 2.5/bread selection 2.5

Ask us if you would like to buy a signed copy of one of our books – 25

Allergy info – let us know if you have any allergies.

All our food may contain nuts.

A discretionary service charge of 12.5% will be added to your bill.

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