

# Honey & Co.

Food From the Middle East

## Pre-order breakfast items for takeaway (48hr in advance)

### Savoury pastries

Merguese sausage rolls (individual portion)	£6.5 each
Merguese sausage roll canape size - minimum order of 12	£1.8 each
Spinach & feta boureka (individual portion)	£6.5 each
Spinach & feta boureka canape size - minimum order of 12	£1.8 each
Spring onion and feta bouikos (small bite size cheesy scones)	£1 each

### Other breakfast items

9" round herb and feta frittata – serves 8	£30 whole
Sabich – roasted aubergine, tahini and dinosaur eggs	£7.50 per starter portion
Marinated tomato & aubergine salad	£7.50 per starter portion
Quince with curd cheese & honeyed hazelnut	£7.50 per starter portion

### Sweet bakes and cookies

Fitzrovia buns – sticky pistachio & sour cherry buns	£2.6 each
Loaf cake – chocolate and hazelnut babka – approx. 12 slices	£35 whole
Loaf cake – tahini and white chocolate babka – approx. 12 slices	£35 whole
Loaf cake – fig, orange & walnut loaf – approx. 12 slices	£35 whole
Tahini, sesame & preserved lemon cookie	£1.5 each
Rugelach – short crust rolled with nutella and hazelnuts	£1.5 each
White chocolate, currant & orange	£1.5 each
Double chocolate and ginger cookies	£1.5 each
Chocolate fudge pistachio cookie	£1.5 each
Almond & marzipan cookie (gf)	£1.5 each
Marunchinos (soft flourless cookies with dried apricot and orange blossom) (gf)	£1.5 each
Traditional Maamool cookie with date and pinenut filling	£1.5 each

### 8oz breakfast pots or order per portion for a buffet

Fresh fruit salad (vegan)	£3.5 each
Seasonal jam or honey with yoghurt & ashura cereal (GF available)	£3.5 each

### Middle Eastern dips

#### **400g pots with crispy pitta that allow for a nibble for 8-10 people or a Small 150g snack pots for 2**

Hummus – our own creamy version with cumin & olive oil	400g/£15 with crispy pitta	150g/£3.95
Labaneh (strained yogurt cheese) with zaatar & olive oil	400g/£15 with crispy pitta	150g/£3.95
Muhamra – roasted pepper, pomegranate & walnut dip	400g/£15 with crispy pitta	150g/£3.95
Baba ganoush – burnt aubergine, tahini & pomegranates	400g/£15 with crispy pitta	150g/£3.95
Creamy tahini dip with lemon and garlic	400g/£15 with crispy pitta	150g/£3.95

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## Extras

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Greek olives	Kalamata and gurdal	300g/£10
Our seasonal pickles	Changing selection	300g/£10
Slow roasted almonds		300g/£12
Pistachios & cashews roasted in Baharat spice mix		300g/£15

## Bread

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Pitta bread	per unit	£1.00
Sesame bread stick	Individual stick	£2.00
Sesame bread	600g loaf	£8.50
Large milk bun loaf	500g loaf	£8.50
Sour dough – round loaf	round loaf	£4.5
Sour dough – long loaf	long loaf	£12
Moroccan sour dough buns	Individual bun	£2
Crispy pitta	100g bag	£4.5
Lavoush	100g bag	£4.5

## Homemade jam

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Seasonal flavours – ask us for current availability	£5.5/jar
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## Drinks – 2 litre bottles – 8 glasses

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Freshly squeezed orange juice	£25
Homemade lemonade	£15
Homemade orange blossom iced tea	£15
Iced coffee (with or without milk)	£15

Or... call us if there is something special you'd like!

We are happy to cater at any time of day, and breakfast is a special treat – whether it's a family breakfast, a work meeting, or takeaway boxes for a picnic or a conference.

All our food is made on site with a lot of care and attention and we are happy to assist you with any allergy and dietary requirements you may have.

Please give at least 48 hours notice when placing an order. Small orders may be accommodated in a shorter time.